

# Mawson

## BREAKFAST MENU

AVAILABLE FROM 7AM -11.30AM



### Big Brekkie Burger \$22 (GFO)

Bacon, Egg, Cheese, Avocado, Hash Brown with Tomato Relish on a roll

### Tradie Bacon & Egg Roll / Wrap \$14

Bacon, Egg & Cheese with BBQ or Tomato Sauce on a roll or wrap (GFO)

**ADD:** Hash Brown \$5

### Beachside Eggs Bene' \$18 (GFO)

Sourdough topped with 2 Poached Eggs & Spinach with Hollandaise Sauce

**ADD:** Bacon \$6 / Smoked Salmon \$6 / Ham \$5



### Athlete Protein Bowl \$28 (GFO)

Choice of 100g Protein (Chicken, Steak or smoked Salmon) with 2 Poached Eggs, Avocado, Mushrooms, Wilted Spinach, Chickpeas, Pumpkin Seeds & Dollop of Beetroot Hummus (Approx 51g - 58g protein)

**ADD:** 1 Toast of Choice (Carby Barbie) \$4

### Eggs On Toast \$14 (GFO)

2 Eggs cooked to your liking served on Toast of choice

**ADD:** Bacon \$6, Hash Brown \$5, Avo \$5

### Pancakes \$24

Housemade Pancakes served with Mixed Berry compote & maple syrup

**OR**

House made Pancakes served with Bacon & Maple syrup

**ADD:** Nutella, Biscoff, Whipped Cream &/or Ice Cream \$4

**ADD:** Mixed Berry compote \$5

### Mawson Big Breakfast \$28 (GFO)

2 Eggs of choice, Bacon, Mushrooms, Baked Beans, Chorizo, Roasted Tomato & Hash Brown with Sourdough Toast

### Avolicious \$22 (GFO)

Chunky Smashed Avocado, Feta, Dukkah, Balsamic Glaze on Sourdough Toast with Lemon Wedge

**ADD:** 1 Poached Egg \$4 / Bacon \$6

### Nasi Goreng \$25 (GFO)

Fried Rice, Asian vegetables, Prawns, Chilli Sauce, Sunny Side up Egg

\*Don't like Prawn ? - Swap to Chicken

### Zucchini & Corn Fritters \$25

with Citrus Labna, Avocado, Roast tomato, Feta & Mushrooms **ADD:** Eggs / Bacon

### Byron Bay Macadamia Muesli Bowl \$16 (Vegan) (GF)

Coconut, Cranberry & Apple Granola Blend with Seasonal fruit, Toasted Coconut, Honey & Side of Milk (Alt Milk \$1 extra) \*Contains nuts\*

### Chilli Crab Scramble \$28 (GFO)

Scrambled Eggs, Blue Swimmer Crab, Rocket, Fresh Chilli, Drizzled with Argentinian Chimichurri on Sourdough

---

**\*EGG OPTIONS-** Poached, Fried or Scrambled

**\*TOAST OPTIONS -** Sourdough, Turkish, Wholegrain, White Bread, Gluten Free

---

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option

# Mawson

## LIGHT BITES / GRAB & GO



AVAILABLE FROM 7AM -11.30AM

### Raisin Toast - (1pc) 6 (2pc) 9

Raisin Toast with Butter (Avail all day)

### Banana Bread 8

Banana Bread with Butter (Avail all day)

### Seniors Pancakes 14 \*\*

2 small Pancakes, Berry compote & Maple Syrup

**ADD ON:** Nutella, Cream &/or Ice Cream \$4

### Seniors Bacon & Egg 14 \*\*

1 Bacon, 1 Egg of choice, 1 slice Toast of choice

### Ham & Cheese Sourdough Toastie 13

Ham & Cheese on Toasted Sourdough

**Add:** Tomato 2 (Available all day)

### Chicken, Cheese, Avo Toastie 15

Chicken Breast, Cheese & Avocado on Toasted Sourdough. (Avail all day)

### Freshly Baked Muffin of the Day 6

### Granola Cups 12

Granola & Greek Yoghurt, drizzle honey

\*Please check our display fridge for more daily options

**\*\* Must be a Senior or pensioner card holder. No further discounts can be applied to these meals \*\***

## KIDS BREKKIE MENU

(Strictly 12 years and under)

### Ham & Cheese Toastie 10

Ham & Cheese on White Toast

### Bacon, Egg & Hash 12

1 Bacon, 1 Fried Egg, 1 Hash Brown, 1 Slice white Toast.

**Add:** Tomato or BBQ Sauce \$1

### Bacon & Egg Toasted Sandwich 12

1 bacon, 1 fried egg & sauce on white bread

### Pancakes 12

2 Small Pancakes w Maple Syrup

**ADD ON:** Nutella, Berries, Whipped Cream &/or Ice Cream \$4

## ADD ONS

1 Toast \$5, 2 Toast \$9, Halloumi \$6  
Bacon \$6, Smoked Salmon \$6, Ham \$5, 1 Egg \$4, 2 Eggs \$7, 3 Eggs \$10, Avocado \$5, Mushrooms \$5, Hash Brown \$5, Baked Beans \$4, Roasted Tomato \$4, Feta \$3, Spinach Leaves \$2, Cheese Slice \$2, Dukkah \$4, Relish \$2, Berries \$4, Maple Syrup \$3, Chorizo \$5, Hollandaise Sauce \$3, Ice Cream/ Whipped cream \$4, Nutella \$4, Jam, Vegemite & Peanut Butter \$3

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option

# Mawson

## LUNCH / DINNER MENU

AVAILABLE FROM 12PM - 2PM / 5.30PM - 8.30PM



### ENTREE

#### GARLIC BREAD

ADD: Cheese 2 or Bacon 2

#### BRUSCHETTA (2) (GFO) 15

Sourdough, Tomato, Onion, Feta & Balsamic Vinegar

#### CHICKEN WINGS (8) 15

BBQ or Spicy Sauce

#### FRIED HALLOUMI BITES 12

With Sweet Chilli Sauce

### MAINS

#### 300 SCOTCH FILLET 42

Served with Mash & Veg with choice of gravy. (Plain, Red Wine Jus, Pepper, Dianne or Mushroom gravy)  
(Add Creamy Garlic Prawns \$6)

#### SLOW BRAISED LAMB SHANK 30

Served with Mash & Veg

Add: Lamb Shank \$12

#### VEGGIE STACK (GF) 28

Portobello Mushroom, Roasted Kumara, Beetroot, Zucchini, Spinach, Capsicum, Feta & Basil Pesto dressing

#### NASI GORENG (GFO) 25

Fried Rice, Asian Vegetables, Prawns, Chilli Paste, Sunny side up egg & Fried Shallots

#### CHICKEN SCHNITZEL 25

ADD: Parmy Topper \$5

Served with Chips & House Salad

#### FISH & CHIPS 25

Beer battered Flathead, Chips w side salad & Tartare Sauce

### PASTAS

#### PRAWN & SCALLOP LINGUINE 32

Prawns, Scallops, Baby Spinach, Spanish onion, Cherry Tomato, Chilli, Napolitana Sauce & Parmesan Cheese

#### PUMPKIN & OLIVE PAPPARDELLE 26

Roast Pumpkin, Olives, Confit Garlic, Spanish Onion, Tossed in a Creamy Tomato sauce & Topped with Feta

#### CREAMY CHICKEN & BASIL PESTO LINGUINE 28

Chicken, Tomato, Spanish Onion, Confit Garlic, Fresh Basil Pesto Cream, Topped with Parmesan Cheese

### SIDES

Chips & Gravy 10

Chips & Aioli 10

House Side Salad 12

Seasonal Vegetables 14

Mash & Gravy 10

### KIDS MEALS (12yr and under only)

Cheese Burger & Chips 12

Nuggets & Chips 12

Ham & Cheese Pizza 12

Ham & Cheese Toastie 10

Fish & Chips 14

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option



# Mawson

## LUNCH / DINNER MENU

AVAILABLE FROM 12PM - 2PM / 5.30PM - 8.30PM



### BURGERS & WRAPS

#### CHICKEN BLAT (gfo) 25

Grilled Chicken, Bacon, Lettuce, Avocado, Tomato, Cheese, & Aioli on Turkish bun

#### CAVES BEACH BURGER (gfo) 26

House made Beef Patty, Bacon, Lettuce, Tomato, Pickles, Caramelised onion with our secret sauce

#### SCHNITZEL BURGER 24

Chicken Schnitzel, Lettuce, Tomato, Bacon. Cheese and Mayo on burger bun

#### CAESAR WRAP 23

Grilled Chicken, Bacon, Cos Lettuce, Egg, Parmesan Cheese, Caesar Dressing in a Toasted wrap.

### SALADS

#### CHICKEN CAESAR SALAD (gfo) 24

Grilled Chicken, Bacon, Lettuce, Egg, Parmesan and Garlic croutons, Parmesan Cheese & Caesar Dressing

#### THAI BEEF SALAD (gfo) 26

Marinated Beef strips, Mixed Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Roasted Cashews, & crispy Noodles

#### PUMPKIN, BEETROOT & FETA SALAD 24

Roasted Pumpkin, Beetroot, Spanish Onion, Pepitas Spinach, Cherry Tomato, Feta, & Chefs salad Dressing (gfo)

### PIZZA

(Sorry no ½ pizzas) (Gluten Free Bases \$2 extra)

#### PRAWN & CHORIZO (gfo) 26

Prawn, Chorizo, Spanish Onion, Cherry Tomato, Baby Spinach & Mozzarella on Napolitana Base

#### LOADED SUPREME (gfo) 26

Ground Beef, Bacon, Ham, Chicken, Pepperoni, Baby Spinach, Capsicum, Mushrooms, Olives, Mozzarella on BBQ Base

#### MAWSON MEGA MEATLOVER 25

Ground Beef, Pepperoni, Chorizo, Bacon, Ham, Mozzarella on BBQ Base

#### HAWAIIAN (gfo) 22

Ham, Pineapple, Mozzarella on Napolitana Base

#### SAY CHEESE 20

Confit Garlic, Mozzarella, on Napolitana Base

#### CHICKEN BACON & AVO 26

Grilled Chicken, Bacon, Avocado, Spanish onion, Mozzarella, on Napolitana Base

#### VEG OUT (gfo) 24

Mushrooms, Capsicum, Olives, Cherry Tomato, Pumpkin, Spanish Onion, Mozzarella, Napolitana Base

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option