

Mawson

BREAKFAST MENU

AVAILABLE FROM 7AM -11.30AM

Please advise staff of any dietary or allergies before ordering



Big Brekkie Burger (gfo) 22

Bacon, Egg, Cheese, Avocado, Hash Brown with Tomato Relish on a roll

Tradie Bacon & Egg Roll / Wrap (gfo) 15

Bacon, Egg & Cheese with BBQ or Tomato Sauce on a roll or wrap

ADD: Hash Brown \$5 (Available all day)

Beachside Eggs Bene'(gfo) 19

Sourdough topped with 2 Poached Eggs & Spinach with Hollandaise Sauce

ADD: Bacon \$6 / Smoked Salmon \$6 / Ham \$5

Athlete Protein Bowl (gfo) 28

Choice of 100g Protein (Chicken, Steak or smoked Salmon) with 2 Poached Eggs, Avocado, Mushrooms, Wilted Spinach, Chickpeas, Pepita's & Dollop of Beetroot Hummus (Approx 51g - 75g protein)

ADD: 1 Toast of Choice (Carby Barbie) \$4

Eggs On Toast (gfo) 15

2 Eggs cooked to your liking served on Toast of choice

ADD: Bacon \$6, Hash Brown \$5, Avo \$5

Pancakes 24

(1) Housemade Pancakes served with Mixed Berry compote & maple syrup **OR**

(2) House made Pancakes served with Bacon & Maple syrup

ADD: Nutella, Biscoff, Whipped Cream &/or Ice Cream \$4

ADD: Mixed Berry Compote \$5

***EGG OPTIONS-** Poached, Fried or Scrambled

***TOAST OPTIONS -** Sourdough, Turkish, Wholegrain, White Bread, Gluten Free

Mawson Big Breakfast (GFO) – 28

Two eggs cooked your way with crispy bacon, sautéed mushrooms, baked beans, chorizo, roasted tomato and a golden hash brown, served with toasted sourdough.

Avolicious (GFO) – 22

Chunky smashed avocado with feta, dukkah and balsamic glaze on toasted sourdough, served with a fresh lemon wedge. **Add: Poached egg 4 | Bacon 6**

Chilli Crab Scramble (GFO) – 28

Soft scrambled eggs with blue swimmer crab, rocket and fresh chilli, finished with Argentinian chimichurri on toasted sourdough.

Nasi Goreng 25

Classic Indonesian-style Fried Rice with Asian Vegetables, Prawns, Chilli paste, a Sunny-side-up Egg, and Crispy Fried Shallots. *Don't like prawns? Swap to Chicken. Like both? **Add Chicken \$8**

Zucchini & Corn Fritters 25

with Citrus Labna, Avocado, Roast tomato, Feta & Mushrooms

ADD: Eggs / Bacon

Byron Bay Macadamia Muesli Bowl (Vegan)(GF)(DFO) 16 (Contains nuts)

Coconut, Cranberry & Apple Granola blend with Seasonal fruit, Toasted Coconut, Coconut Yoghurt with a drizzle of honey & Side of Milk (Alt Milk \$1 extra)

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option

Mawson

LIGHT BITES / GRAB & GO



Please advise staff of any dietary or allergies before ordering

AVAILABLE FROM 7AM -11.30AM

Raisin Toast - (1pc) 6 (2pc) 9

Raisin Toast with Butter (Avail all day)

Banana Bread 8

Banana Bread with Butter (Avail all day)

Seniors Pancakes 14 **

2 Small Pancakes & Maple Syrup

ADD: Nutella, Cream, Ice Cream \$4 or
Berry Compote \$5

Seniors Bacon & Egg 14 **

1 Bacon, 1 Egg of choice, 1 slice Toast of
choice

Seniors Bacon & Egg Toasted

Sourdough 14 **

Bacon, Fried Egg, BBQ or Tomato Sauce
on Sourdough Toastie (Avail all day)

Ham & Cheese Sourdough Toastie 14

Ham & Cheese on Toasted Sourdough

Add: Tomato 2 (Avail all day)

Chicken, Cheese, Avo Toastie 16

Chicken Breast, Cheese & Avocado on
Toasted Sourdough. (Avail all day)

Freshly Baked Muffin of the Day 6

Granola Cups 12 (gf)(df)

(Takeaway only)

Granola & Coconut Yoghurt with drizzle
honey

***Please check our display fridge for
more daily treats or grab & go options**

AVAILABLE FROM 7AM -11.30AM

KIDS BREKKIE MENU

(Strictly 12 years and under)

Ham & Cheese Toastie 10

Ham & Cheese on White Toast

Bacon, Egg & Hash 12

1 Bacon, 1 Fried Egg, 1 Hash Brown,
1 Slice white Toast.

Add: Tomato or BBQ Sauce \$1

Bacon & Egg Toasted Sandwich 12

1 bacon, 1 fried egg & sauce on
white bread

Pancakes 12

2 Small Pancakes w Maple Syrup

ADD ON: Nutella, Berries, Whipped
Cream &/or Ice Cream \$4

**** Must produce Senior or pensioner
card to receive this price. No further
discounts can be applied to these
meals ****

ADD ONS

1 Toast \$5, 2 Toast \$9, Halloumi \$6
Bacon \$6, Smoked Salmon \$6, Ham
\$5, 1 Egg \$4, 2 Eggs \$7, 3 Eggs \$10,
Avocado \$5, Mushrooms \$5, Hash
Brown \$5, Baked Beans \$4, Roasted
Tomato \$4, Feta \$3, Spinach Leaves
\$2, Cheese Slice \$2, Dukkah \$4, Relish
\$2, Berries \$4, Maple Syrup \$3,
Chorizo \$5, Hollandaise Sauce \$3, Ice
Cream/ Whipped cream \$4, Nutella
\$4, Jam, Vegemite & Peanut Butter \$3

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (GFO) = Gluten Free Option (GF) Gluten Free

Mawson

LUNCH / DINNER MENU



AVAILABLE FROM 12PM - 2PM / 5.30PM - 8.30PM

Please advise staff of any dietary or allergies before ordering

ENTREE / SIDES

GARLIC TURKISH BREAD 12

ADD: Cheese 2 or Bacon 2

BRUSCHETTA (2) (gfo) 15

Sourdough, Tomato, Onion, Feta & Balsamic Vinegar

TRIO DIPS WITH FLATBREAD (gfo) 19

Mint Honey Yoghurt, Olive Tapenade & Hummus Dips with Warm Flatbread

FRIED SALT & PEPPER SQUID 20

Salt & Pepper Spiral Squid, Roquette & Lime Mayo

ROASTED HALF SHELL SCOLLOPS (3 serve) 22

Sweet half-shell scallops roasted and finished with fresh salsa verde and fragrant herb oil.

FRIED HALLOUMI BITES (4) 16

With Sweet Chilli Sauce

SEASONAL VEGETABLES (gfo) 14

HOUSE SIDE SALAD (gf) 12

SMASHED CHATS WITH ROSEMARY SALT 14

CHIPS WITH CHOICE OF SAUCE 10

*Tomato / BBQ Sauce, Plain or Mushroom Gravy

MAINS

250G FILLET STEAK (gf) 40

Pomme Puree, Charred Broccolini & Asparagus, Heirloom Cherry Tomatoes with a Red Wine Jus

PAN FRIED BARRAMUNDI (gf) 35

Crispy-skinned barramundi with mixed Asian greens, fried enoki mushrooms, and a bright ginger-lime dressing

SLOW COOKED BRAISED LAMB SHANK (gf) 32

Falling-off-the-bone lamb shank slow-braised until tender, served with creamy mash and seasonal vegetables.

Add Extra Lamb Shank - 15

CHICKEN SUPREME' (gfo) 38

Marinated chicken breast with citrus labneh, fresh rocket, and smashed chat potatoes dusted with rosemary salt.

NASI GORENG 25

Classic Indonesian-style fried rice with Asian vegetables, prawns, chilli paste, a sunny-side-up egg, and crispy fried shallots. *Don't like prawns? Swap to chicken. Like both? Add chicken - 8

PORK BELLY BAO BUNS (2 serve) 20

Sticky slow-cooked pork belly with hoisin mayo, Asian slaw, sesame seeds, and crispy shallots in soft bao buns

Add: Extra Bao \$9

SOFT SHELL TACO'S (3 serve/ no mix) 24

(1) Crumbed Fish, Mango Salsa, Siracha Mayo, Mixed Lettuce Served in soft tortillas

OR

(2) Crumbed Halloumi, Tomato Relish, Mixed Lettuce, Fried Enoki Mushroom Served in soft tortillas. (gfo)

FISH & CHIPS 25

Beer-battered flathead with golden chips, side salad, and house-made tartare sauce

PASTAS (+\$3 for gfo)

BEEF RAGU' PAPPARDELLE (gfo) 36

Silky ribbons of Pappardelle tossed through a rich, slow-cooked beef ragu with roasted garlic, finished with crumbled feta

PRAWN & CRAB LINGUINE (gfo) 34

Prawns and blue swimmer crab with semi-dried tomatoes, rocket, garlic, and Spanish onion in a lemon-infused white wine butter sauce, finished with chorizo crumb and parmesan

PUMPKIN & OLIVE PAPPARDELLE (gfo) 26

Roast pumpkin, olives, confit garlic, and Spanish onion tossed through a creamy tomato sauce, finished with feta

CREAMY CHICKEN & BASIL PESTO LINGUINE (gfo) 28

Chicken, cherry tomatoes, Spanish onion, and confit garlic in a basil pesto cream sauce, topped with pine nuts and parmesan

KIDS MEALS (12yr and under only)

Cheese Burger & Chips 12

Nuggets & Chips 12

Ham & Cheese Pizza 12

Ham & Cheese Toastie on White Bread 10

Fish & Chips 14

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control! Please let staff know of any Allergies prior to ordering. (gfo) = Gluten Free Option (gf) Gluten Free

Mawson

LUNCH / DINNER MENU

AVAILABLE FROM 12PM - 2PM / 5.30PM - 8.30PM

Please advise staff of any Dietary or allergies before ordering



BURGERS & WRAPS

CHICKEN BLAT (gfo) 25

Grilled Chicken, Bacon, Lettuce, Avocado, Tomato, Cheese, & Aioli on Toasted Turkish Bun

CAVES BEACH WORKS BURGER (gfo) 26

Double smash beef patties with egg, lettuce, grilled pineapple, beetroot, bacon, caramelised onion, melted cheese, tomato and our house special burger sauce on a soft burger bun.

CHICKEN CHIMICHURRI BURGER (gfo) 25

Chimichurri-spiced chicken with lettuce, tomato and melted cheese on a toasted burger bun

TOASTED STEAK SANDWICH (gfo) 28

Juicy rump cap steak with lettuce, melted cheese, tomato, caramelised onion and tomato chilli relish on toasted Turkish bread.

SALADS

PORK BELLY SOBA NOODLE (gf) 28

Sticky pork belly bites tossed through soba noodles with an Asian-style salad and a bright ginger-lime dressing

SALMON POKE BOWL (gf) 25

Smoked salmon with rice, cucumber, avocado, spinach, edamame, carrot and pickled ginger, finished with kewpie mayo and an Asian dressing.

PUMPKIN, BEETROOT & FETA (gfo) 25

Roasted pumpkin and beetroot with Spanish onion, Walnuts, baby spinach and cherry tomatoes, finished with feta and the chef's house dressing.

THAI BEEF SALAD (gfo) 26

Marinated beef strips with mixed lettuce, Asian slaw, cucumber, cherry tomatoes, capsicum, cashews with sesame seeds & House made thai dressing

PIZZA

(Sorry no ½ pizzas)

(Gluten Free Bases \$2 extra)

GARLIC PRAWN (gfo) 25

Prawn, Spinach, Cherry Tomato, Spanish Onion & Mozzarella on Garlic Cream Base

LOADED SUPREME (gfo) 26

Ground Beef, Bacon, Ham, Chicken, Pepperoni, Baby Spinach, Capsicum, Mushrooms, Olives, Mozzarella on Napolitana Base

MAWSON MEGA MEATLOVER (gfo) 25

Ground Beef, Pepperoni, Chorizo, Bacon, Ham, Mozzarella on BBQ Base

MEXICAN CHICKEN (gfo) 24

Chicken, Corn Salsa, Mozzarella, Lime Aioli on Romesco Base

GARLIC CHEESE (gfo) 18

Confit Garlic, Mozzarella, on Napolitana Base

MEDITERRANEAN VEGETABLE (gfo) 25

Sweet Potato, Sundried Tomato, Eggplant, Olives, Rocket, Spanish Onion, Mozzarella, Mint Honey Yoghurt drizzle on Romesco Base

DESSERTS

Please Check our daily Specials or Cold Display cabinet for options

15% Surcharge applies on Public Holidays. Please be mindful that whilst we do our very best to ensure that dietary needs & Allergies are met, some trace elements do exist in Commercial kitchens & products out of our control ! Please let staff know of any Allergies prior to ordering. (gfo) = Gluten Free Option (gfo) Gluten Free